

2017-2018 Physical Education Course Descriptions

Physical Education Pedagogy

PEP 110 Team Games. Students will learn various team games including: invasion games, net/wall games, fielding/run-scoring games, and target games. Students will also be exposed to various fitness activities and methods of assessing fitness for use as teachers of children and adolescents. 2 Semester Hours.

PEP 130 Lifetime Leisure Activities. Students will be exposed to various activities providing knowledge and application of skills enabling students to participate in activities for a lifetime. This course includes activities such as walking, jogging, golf, tennis, outdoor activities, racquetball, bicycling, and disc golf will be taught in this course. 2 Semester Hours.

PEP 150 Lifetime Fitness Activities. Students will be exposed to various activities providing knowledge and application of fitness skills and concepts to promote a healthy lifestyle. Students will also be exposed to various methods of assessing fitness, maintaining current fitness levels, and improving one's fitness. 2 Semester Hours.

PEP 200 Principles of Physical Education. An introductory course designed to provide a structural basis for total comprehension of physical education. Students will be exposed to the historical and philosophical foundations, and contemporary principles regarding objectives, curriculum, methodology, and evaluation related to P-12 physical education. This course contains a field experience requiring students to complete 10 hours of observation in a K-12 setting. 2 Semester Hours.

PEP 330 Teaching in Elementary School Physical Education. The purpose of this course is to expose students to the fundamental concepts and principles of teaching children in grades P-5 with implications for the selection, adaptation, and teaching of appropriate movement and rhythmic activities. The understanding of movement concepts, fundamental motor skills, specialized motor skills, and skill themes will be emphasized. Integrating these concepts into a developmentally appropriate curriculum accompanied with developmentally appropriate pedagogy will also serve as a primary focus of the course. This course contains a field experience requiring students to complete 20 hours in a K-5 setting. Prerequisites: PEP 110, PEP 130, PEP 200 and EXS 110. 4 Semester Hours.

PEP 332 Teaching in Secondary School Physical Education. The purpose of this course is to expose students to the fundamental concepts and principles of teaching students in grades 6-12. The understanding of invasion, net/wall, fielding/run-scoring, and target games and strategies for teaching these games will be provided. Additionally, lifelong activities such as tennis, golf, fitness and physical activity, outdoor activities, bicycling, and racquetball accompanied with strategies for teaching these activities will also be emphasized. Integrating these concepts into a developmentally appropriate curriculum accompanied with developmentally appropriate pedagogy will also be emphasized in this course. This course contains a field experience requiring students to complete 20 hours in a 6-12 setting. Prerequisites: PEP 110, PEP 130, PEP 200 and EXS 110. 4 Semester Hours.

PEP 430 Motor and Developmental Learning The purpose of this course is to expose students to the various components of motor control and developmental learning. Students will gain an understanding of skill acquisition and learning in various contexts. Students will learn the basic concepts and issues of biological and psychological growth and development from conception through adulthood. Emphasis will be placed on psychomotor, cognitive, and affective development throughout the lifetime. Prerequisites: PEP 110, PEP 130, PEP 200, EXS 110 and EXS 220. 4 Semester Hours.

PEP 440 Assessment in Health and Physical Education. An introduction to measurement and evaluation commonly used in physical education and health education encompassing the administration of skill and performance testing, interpretation of results, basic statistical analysis and grading/evaluation of performance. This course serves as the SCE for physical education pedagogy and will engage students in designing, conducting, and evaluating an assessment project based on the Ohio standards, benchmarks, and grade level indicators. Prerequisites: PEP 330 and PEP 332. 4 Semester Hours.

PEP 491 Special Topics: Professional Conference. All PEP majors are required to attend a minimum of one professional conference prior to graduation. Examples of professional conferences include OAHPERD Convention, AAHPERD National Convention, Midwest District Convention, or as approved by the PEP Director. Prerequisite: Instructor Approval. 0 Semester Hours.

PEP 494 Honors Thesis/Project. A research/project course designed to meet the needs of the individual student seeking honors in the major at graduation. Prerequisites: junior or senior standing, and approval of the instructor, the department chair and the Honors Review Board. Credit variable, 4-6 Semester Hours.