

Major in Public Health

Four-Year Academic Plan

Year	Course Number	Fall	Credit Hours	Earned
1		<i>Integrative Core - First-Year Seminar</i>	4	
	SOC 100	Introduction to Sociology ²	4	
	PBH 101	Introduction to Public Health ¹	4	
		Foreign Language (if needed) or Elective	4	
		Total	16	

Course Number	Spring	Credit Hours	Earned
	<i>Integrative Core - Foundation</i>	4	
BIO 105	Elements of Anatomy and Physiology ²	4	
MTH 123	Statistics	4	
	Foreign Language (if needed) or Elective	4	
		Total	16

Year	Course Number	Fall	Credit Hours	Earned
2		<i>Integrative Core - Foundation</i>	4	
	PBH 200	Epidemiology ¹	2	
	PBH 250	Health and Data Research ¹ (must be taken concurrently with PBH 200)	2	
	HED 230	Substance Abuse Education & Prevention OR SOC 215 Drugs and Society (offered in Spring)	4	
	BIO 190	Introduction to Environmental Science ²	4	
		Student must show proof of current CPR, First Aid and Emergency Response Training.		
		Total	16	

Course Number	Spring	Credit Hours	Earned
	<i>Integrative Core - Foundation</i>	4	
PBH 270	Program Planning and Evaluation ¹	2	
SOC 215	Drugs and Society ¹ OR HED 230 Substance Abuse Education & Prevention (offered in Fall)	4	
	Declared Minor Elective	4	
	Elective	4	
		Total	18

Year	Course Number	Fall	Credit Hours	Earned
3		<i>Integrative Core - Theme</i>	4	
	PBH 300	Principles of Health Ed. & Health Promotion ¹	4	
	SOC 220	The Many Faces of Poverty ²	4	
		Declared Minor Elective	4	
		Total	16	

Course Number	Spring	Credit Hours	Earned
	<i>Integrative Core - Theme</i>	4	
PBH 350	Global Health ¹	2	
SOC 350	Grants and Planning ²	4	
	Elective	4	
		Total	14

Year	Course Number	Fall	Credit Hours	Earned
4		<i>Integrative Core - Capstone</i>	4	
		Declared Minor Elective	4	
		Declared Minor Elective	4	
		Elective	4	
		Total	16	

Course Number	Spring	Credit Hours	Earned
PBH 450	Community Assessment	4	
HCM 365	Health Policy Analysis ²	4	
	Declared Minor Elective	4	
	Elective	4	
		Total	16
Total Credit Hours			128

Required Departmental Courses¹

PBH 101	Introduction to Public Health	4
PBH 200	Epidemiology	2
HED 230	Substance Abuse Education & Prevention	4
	or	
SOC 215	Drugs and Society	4
PBH 250	Health and Data Research	2
PBH 270	Program Planning and Evaluation	2
PBH 300	Principles of Health Education & Health Promotion	4
PBH 350	Global Health	2
PBH 450	Community Assessment	4

Required Extra-Departmental Courses²

BIO 105	Elements of Anatomy and Physiology	4
BIO 190	Introduction to Environmental Science (offered in Fall semester)	4
HCM 365	Health Policy Analysis	4
SOC 100	Introduction to Sociology	4
SOC 220	The Many Faces of Poverty	4
SOC 350	Grants and Planning	4
MTH 123	Statistics	4

Courses listed in *italics* are required for the Integrative Core program.

Requirements for a Minor in Public Health		
PBH 101	Introduction to Public Health	4
PBH 200	Epidemiology	2
PBH 300	Principles of Health Ed & Health Promotion	4
PBH 350	Global Health	2
	One course from approved list of electives ³	4
Total Credit Hours		16

Approved List of Electives for a Minor³

SOC 235	Stress and Wellbeing	4
PSY 240	Abnormal Psychology	4
PSY 365	Introduction Counseling	4
PSY 220	Aging and Adulthood	4
SOC 260	Social Gerontology	4
PSY 320	Industrial/Organizational Psychology	4
EXS 340	Corporate and Worksite Wellness	4
SOC 325	Organizational Analysis	4
PSY 225	Lifespan Development	4
SOC 225	Family Violence	4
SOC 310	American Family	4
ECN 310	Health Economics	4
HCM 380	Health Care Finance	4
HCM 390	Health Care Management	4