UMU CONCUSSIONS ACADEMIC STEPS TO TAKE

What Happens Next

UMU medical staff have diagnosed you with a concussion and/or head injury. This diagnosis may qualify you for temporary academic accommodations in your coursework at Mount Union. Concussion accommodations are renewed after every follow-up medical visit for as long as medical staff determine that you are in need of the extra support.

UMU medical staff will prescribe you specific accommodation support items. This return-to-learn information will be forwarded to Student Accessibility Services (SAS). The SAS Director will then communicate your accommodations to your instructors via Starfish and email. If you live on campus, your residence hall director will also be notified of your diagnosis.

What You Need to Do

You should reach out to your instructors via email as soon as you feel well enough to do so. Keeping your instructors informed helps to minimize the impact of your concussion on your coursework.

It is your responsibility to update your instructors about your injury and recovery timeline so that any class absences that occur may be excused by your instructors.

It is also your responsibility to make arrangements with your instructors in order to make-up any quizzes or tests that you may miss, and for deadline extensions to turn in any assignments that may have been due when you were absent. You must request make-ups and extensions from your instructors as they will not be provided automatically.

Your accommodations may include advice such as limiting your computer and screen time, taking time off from class, and getting plenty of rest. Be sure to follow this advice to help your recovery process. Also, be sure to attend your scheduled follow-up appointments. Report any worsening of symptoms to your medical professionals.

How to Use Your Accommodations

If you wish to use any of the temporary accommodations that medical staff prescribe in the classroom (such as avoiding bright lights or flexibility on typing and homework) or extended testing time, you should have a conversation with your instructors about how your accommodations can best be implemented in their course. You are not required to use every accommodation that has been prescribed to you.

Who to Contact with Questions or Concerns

Please contact Student Accessibility Services with questions or concerns about your concussion accommodations. Call (330) 823-7372, stop by HPCC 109B in the Center for Student Success or email <u>Studentaccessibility@mountunion.edu</u>.