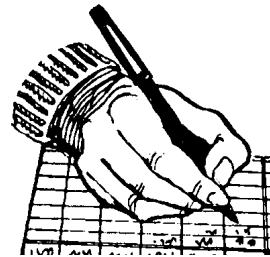


Your Log Book

Your log book should contain accurate and detailed notes of everything you do for your research project. Good notes will show you are consistent and thorough. It will also help you when you write your ABSTRACT, RESEARCH PAPER, and DISPLAY.

1. A log book is a notebook that must be bound with stitching or glue so that the pages are not removable.
2. Your log book should be written in ink only. Do not use pencil or printouts from a computer (except graphs and charts).
3. Put your name and school on the front of your log book.
4. Include notes on readings and bibliographic information.
5. Include your thoughts, ideas, and trials.
6. Include your raw data (all of the measurements you collect during your experimental trials).
7. Staple in copies of graphs or charts.
8. Attach photos and label them.
9. Date every entry and enter each science activity you do.
10. Do not try to make your log book neat. It should be readable, but you may cross out information you don't want as you work. Never remove pages from your log.



Write about your topic in your log book. Write all of your thoughts, ideas, what you know already about your topic.

Remember to date the page.

You can start looking up information about your topic. Web sites and reference books are a good start. If you can, contact someone who works with anything to do with your topic. This is a great source of information and a possible way to work with an expert.

Add any information you gather into your log book.